



Program Summary 2019/2020

ITB Membership & Summer Season

\$2,800

Facility Membership:

- Year round membership to Play Ball USA in Mount Prospect. Includes 30-minute cage, turf, and mound rentals and discounted training options (20%).
- Access to Johansen Baseball in South Elgin during designated ITB open hours + discounted training & assessment options (20%).

Winter Practice:

- Teams will practice once a week from the beginning of November through February (14 weeks). Practices are separated by age group and occur on weekends at multiple locations throughout the Chicagoland area.
- Three assessment days built in to the winter team practice schedule: video & metric collection + functional movement screenings.
- Post-winter, written evaluation provided by ITB staff.

Uniforms & Equipment:

- Access to discounted products, equipment & uniform items through Marucci (Marucci Founders' Club).
- Included: One game hat, one jersey, and one travel polo. Additional uniform items will be required.

Recruiting Tools:

- Recruiting profiles through Next College Student Athlete (NCSA) & Fieldlevel, with membership to ITB's *NCSA Team Edition* & *Fieldlevel* databases.
- Video & metric collection periodically through the fall, winter, and summer seasons.
- Individual video playlists on the Illinois Indians YouTube page.
- Year round player promotion, education, and guidance provided by ITB staff.
- Access to Chicago Scouts Association, Program 15, Crossroads, Marucci, Perfect Game, Prep Baseball Report, and Bullpen events.

Summer Season:

- Eight weeks of baseball (7 tournaments + 1 scout weekend).
- Professional coaching: Head coach & paid assistant.
- Each age group will feature two to three **competitive** teams.
- One team practice per week during the summer season.
- Competitive local, regional & national exposure events.
- Post-summer, written evaluation provided by ITB staff.
- Team travel: Players stay together during out of town tournaments with meals provided (additional). Team van transportation available (optional).

Fall Ball Program (Optional)**\$1,250***Fall Season:*

- Six weeks of baseball (6 weeks of training + 5 weekend events): Late Aug. – Mid Oct.

Assessment & Training:

- All fall players will be scheduled for an in-depth hitting assessment. Includes:
 - Movement screening
 - Ground force data with Bertec force plates and swing catalyst software.
 - Vision, reaction time, and decision accuracy.
 - 3D motion capture of the swing.
 - Bat fitting
- Training sessions will be held TWO times per week (90 minute sessions):
 - Indoor: Play Ball USA (Tuesday nights) – Hitting Focus
 - Outdoor: Heritage Park (Wednesday nights) – Defense/Pitching Focus
- Video & metric collection.

Weekend Events: Each age group will participate in a combination of the events below.

- Fall Prospect League: Chicago Scouts Association opponents (hosted by Crossroads)
- Chicago Scouts Association Fall Events
- Program 15 Future Stars Series: Scout Day
- Perfect Game Fall National Events (Invite Only)
 - PG WWBA Kernels (Cedar Rapids, IA) – Juniors/Seniors
 - PG WWBA Underclass (Fort Myers, FL) – Sophomores/Juniors
 - PG WWBA Freshman (Jupiter, FL) – Freshmen

Winter Training Program (Optional)**\$400 - \$1,500+***Winter Season:*

- 14 weeks of training at Play Ball USA & Johansen Baseball: November – February

Training Options:

- Small Group Skill Sessions. Skills offered: hitting, pitching, infield, outfield & catching. Sessions are 45 minutes in length and take place on TUES, WED and THURS nights from 8:00-10:15PM at Play Ball USA, with Sunday options available at Legacy Performance in St. Charles. Players have the option to choose anywhere from one session per week to unlimited sessions per week.
- Play Ball USA Programs: Velocity, ACES Academy (pitching) & Power Hitters. Sessions are 90 minutes in length, two times per week. Private lessons with Indians coaching staff are also available.
- Johansen Baseball Programs: In-Depth Hitting, Pitching & Throwing Programs.
- TNT Strength Training: hour-long sessions, two/three times per week at Play Ball USA.

Winter National Events:

- Perfect Game West MLK (Freshman, Underclass, Upperclass) – Phoenix, AZ – January
- President's Day Weekend Event (All Ages) – Florida - February